# The Journal of Phytopharmacology (Pharmacognosy and phytomedicine Research)

#### **Research Article**

ISSN 2320-480X JPHYTO 2021; 10(5): 357-361 September- October Received: 20-08-2021 Accepted: 07-09-2021 ©2021, All rights reserved doi: 10.31254/phyto.2021.10513

#### Cecile Fabiola Balingui

Department of Applied Chemistry, National Advanced School of Agro-Industrial Science, University of Ngaoundere, 455,Ngaoundere, Cameroon

#### **Talla Ernest Rodrigue**

Department of Biological Science, University of Ngaoundere, 455, Ngaoundere, Cameroon

#### Ngassoum Martin Benoît

Department of Applied Chemistry, National Advanced School of Agro-Industrial Science, University of Ngaoundere, 455,Ngaoundere, Cameroon

#### Talla Emmanuel

Department of Chemistry, Faculty of Science, University of Ngaoundere, 455, Ngaoundere, Cameroon

#### Awalou Oumarou

Department of Biological Science, University of Ngaoundere, 455, Ngaoundere, Cameroon

#### **Correspondence:**

Cecile Fabiola Balingui Department of Applied Chemistry, National Advanced School of Agro-Industrial Science, University of Ngaoundere, 455,Ngaoundere, Cameroon

Email: cfendji@gmail.com

# Phenolic and Flavonoid contents, DPPH antiradical scavenging and antidiabetic activities of the hydromethanolic extract of Nyambaka propolis

Cecile Fabiola Balingui\*, Talla Ernest Rodrigue, Ngassoum Martin Benoît, Talla Emmanuel, Awalou Oumarou

# ABSTRACT

This study proposes an alternative treatment based on Nyambaka propolis which can reduce the oxidative stress and hyperglycaemia caused by streptozotocin. Standard protocols were used to perform phytochemical screening. In vitro experiment was assessed to quantify the total of phenolic and flavonoid contents. The antioxidant activity of the extract was evaluated by the DPPH (2,2–diphenyl-1-picrylhydrazil) antiradical scavenging assay. Diabetes mellitus was induced using single intraperitoneal injection of streptozotocin (100mg/Kg). The phytochemical screening revealed the presence of compound such as: saponins, phenolics, flavonoids, terpenoids and steroids. The total of phenolic and flavonoid contents was respectively (893.1 $\pm$ 0.5mg G.A.E/100g of extract) and (37.5 $\pm$ 0.2 mg Q.E/100g of extract). The hydromethanolic (95/5) of propolis extract inhibited DPPH free radicals at (78.48 $\pm$ 0.06%) with an IC<sub>50</sub> of (0.096 mg/ml). Concerning antidiabetic activity, the dose of 500mg/Kg of propolis extract had the highest percentage reduction in glucose levels that means (78.13%) compared to the dose of 250 mg/Kg (65%) and the dose of 20mg/Kg of gibenclamid (77.6%). The hydromethanolic extract of Nyambaka propolis can be recommended to reduce the oxidative stress and hyperglycaemia caused by streptozotocin.

Keywords: Diabetes, Antioxidant, Propolis, Streptozotocin, DPPH.

# INTRODUCTION

Diabetes is defined as a blood glucose level of more than 1.26 g/L after 8 hours fast, or more than 2g/L regardless of the time of collection and in the presence of clinical symptoms such as: polyuria, polydipsia and weight loss <sup>[1]</sup>. Type I diabetes, also known as insulino-dependent diabetes is a consequence of chronic hyperglycaemia due to the destruction of islets cells of langerhans <sup>[2]</sup>. It is a form of diabetes mellitus that appears abruptly in children and adolescents, but can also occur in young adults <40 years and concerns 10% of diabetics <sup>[3]</sup>. There are factors such as ROS (reactive oxygenated species) which cause metabolic changes inducing the appearance or development of diabetic disorders <sup>[2]</sup>. The low content of antioxidant enzymes in beta cells makes them sensitive to reactive oxygenated species. In fact, Streptozotocin (STZ) releases in the body toxic agents such: as methyl cations, methyl radicals, reactive oxygenated species (ROS) and nitric oxide (NO) <sup>[5]</sup>. After taking antidiabetic drugs some patients are victim of allergies, overweight and hypoglycaemia <sup>[6]</sup>. In order to alleviate these problems, the pharmacopoeia offers an alternative like the use of medicinal plants and propolis which is a natural substance made from a complex mixture of resins, wax, pollen and bees salivary secretions <sup>[11]</sup>. Previous works on phytochemical compounds of propolis revealed the presence of flavonoids, terpenoids, phenolics, tannins, alkaloids, glycosids, saponins, anthraquinones, fatty acids, coumarins, lignans, and sterols <sup>[8]</sup>. The chemical composition of propolis has been reported to be responsible of different biological properties such as: anti-ulcer <sup>[9]</sup>, anti-inflammatory <sup>[10]</sup>, antioxidant <sup>[11]</sup>, antimicrobial <sup>[12]</sup>, antinociceptive [17] and diabetes [13]. In this work, the phenolic and flavonoid compound of hydromethanolic extract were quantified using standard methods. The efficacity of the extract was evaluated on oxidative stress and hyperglycaemia caused by streptozotocin.

#### MATERIAL AND METHODS

#### Simple collection and extraction

The raw material for extraction was collected in April 2018 at Nyambaka (Adamawa-Cameroon) with the help of a beekeeper. 200g of raw propolis were extracted with the Methanol/H<sub>2</sub>O (95:5) at room temperature during (48hx3) then, filtered with Whattman paper and concentrated with the rotavapor to dryness. The extract was recovered in labelled jars and stored for chemical tests.

#### Phytochemical screening

The phytochemical content of extract was evaluated according to the methods of Talla *et al.*<sup>[11]</sup> whith few modifications.

#### Anthocyanins

1ml of extract was prepared at 3mg/ml and added to 2ml of hydrochloric acid and 2ml of ammonia. The appearance of red or purple colour indicated the presence of anthocyanin.

#### Saponins

1ml of extract was added in distilled water and shaked for 5min. Persistent foam indicated the presence of Saponin.

# Phenolic compounds

3 drops of a solution of FeCl<sub>3</sub> at 5% were adding to 3ml of dissolved extract, after shaking, the appearance of bluish-black colour indicated the presence of phenolic compounds.

# Flavonoids

0.5g of extract was dissolved in 1ml of methanol and 5magnesium shavings and 1ml of concentrated HCl were added. The appearance of a brick red colour indicated the presence of flavonoids.

#### Terpenoids and steroids

An equal volume of concentrated sulphuric acid and acetic anhydride was added to the extract. 1minute later, the appearance of golden yellow colour indicated the presence of terpenoids and the presence of blue or green colour indicated the presence of steroid compounds.

#### Determination of total phenolic content

A volume of 100  $\mu$ L of extract (0.2 mg/mL) was added to 200  $\mu$ L of Folin-Ciocalteu and 1380  $\mu$ L of distilled water. Then, 400  $\mu$ L of Na<sub>2</sub>CO<sub>3</sub> (20%) was added to the mixture, incubated at room temperature and protected from light for 1 hour. The spectrophotometer was used to measure the absorbance at 760nm. The calibration of gallic acid (0.2 mg/mL) was carried out by different concentrations (50, 75, 100, 125, 150,175,200  $\mu$ g/mL) under the same conditions. The results obtained were expressed in grams of gallic acid equivalent per 100g of raw material (g E.A.G/100g RM). The formula (1) allowed to determine the content of phenolic compounds [11].

$$x = \frac{(y-b)V_1}{V_2.a.m} \times 100 (1)$$

*x*: content of phenolic compounds; *y*: calibration curve equation.

# Determination of total flavonoid content

In order to quantify total flavonoid content, 400  $\mu$ L of distilled water and 30  $\mu$ L of Na<sub>2</sub>NO<sub>2</sub> (5%) were added to 100  $\mu$ L of each extract diluted in MeOH. Five minute later, 20  $\mu$ L of a solution of AlCl<sub>3</sub> (10%) and 200  $\mu$ L of Na<sub>2</sub>CO<sub>3</sub> along with 25  $\mu$ L of distilled water were also added and allowed to stand for 5 minutes. The mixture obtained was shaked in vortex and 1 mL was taken to read the absorbance <sup>[14]</sup>. The flavonoid content was calculated by formula (2):

$$F = \frac{0.05 \times A_{ext}}{A_q C_{ext}} \times 100 \ (2)$$

F: content of total flavonoids;  $A_{ext}$ : absorbance of the extract;  $A_q$ : absorbance of quercetin;  $C_{ext}$ : concentration of propolis extract.

#### Antiradical activity

The antiradical test was carried out according to the method of Talla *et al.* <sup>[11]</sup> with slight modifications. The solutions of extract and vitamin C were prepared respectively at the following concentrations: 100, 200, 400, 600, 800, and 1000  $\mu$ g/mL. Then, 1ml of DPPH was prepared at a concentration of 0.5 mM and added to the previous solution. The mixture was incubated in the dark at the temperature room for 30 minutes. The absorbance of each solution was read at 517 nm. The inhibition percentage (%IP) was calculated according to the formula (3):

% IP = 
$$\frac{\text{Absorbance control} - \text{Absorbance}_{\text{extract}}}{\text{Absorbance control}} \times 100 (3)$$

IP: inhibition percentage:

#### Antidiabetic activity

#### Animal preparation

Twenty-five male rats of age of ten weeks 190–205 g was divided into 5 groups. The animals were obtained from the Laboratory of Medicinal plants, Health and Galenic Formulation of the University of Ngaoundere. The rats were placed in transparent polypropylene cages with a cycle of 10/14 h (light/dark). To acclimating rats in the laboratory, they were fed with standard food for one week. Before the experiments, the rats were fasted during twelve hours with free access only to water.

#### Induction of diabetes

The protocol used for the induction of diabetes was according to those of Ueta *et al.* <sup>[15]</sup>. To evaluate the antidiabetic activity of the extract, type I diabetes was induced the first day of experiment by intraperitoneal injection of a single dose of streptozotocin (STZ; Sigma-Aldrich, St Louis, USA) at dose of 100 mg/kg body weight to all the rats except those of normal control. STZ was reconstituted just before administration in physiological NaCl. A blood glucose evaluation was performed 72 hours after injection at the main tail vein using a blood glucose meter.

# Experimental design

Twenty-five rats were classified into five groups (5animals/group) and subjected to treatments. Group I received 1ml distilled water per 100g per day by oral gavage for three weeks and served as a normal control (N.C). The first day of the experiment, all the rats except those of normal control received a dose of 100mg/Kg of streptozotocin (STZ). Three days after induction, the rats of group II (STZ) received only distilled water during the three weeks and the others rats received the following treatments: group III received the dose of propolis extract at 250mg/Kg and serve as (STZ + D250); group IV received the dose of propolis extract at 500mg/Kg and serve as (STZ+D500) and group V received the dose of gibenclamid at 20mg/kg and serve as Positive Control (P.C).

#### Parameters monitored in the experiment

#### Blood glucose

Blood glucose levels were measured every three days using a blood glucose meter and test strips (one touch ultra) for each rat. After fasting for 12 hours, blood was taken by incision in the tail on unanesthetized rats.

#### Body weight evolution

The body weight was one of the parameters that determine the state of a diabetic due to the very considerable weight loss that accompanies the onset of the disease. The weight of the rats in each batch was measured every day using an electronic scale.

# Statistical analysis

The results were expressed as means  $\pm$  SD (Standard Derivation). Data were analysed using Graph Pad Prism Software, version 5.0. Two way analysis of variance was used for the treatment of the double-variable data. However One-way ANOVA followed by Turkey's post-test was used to analyse the single variable data.

Statistical significance was achieved at: 0.05 > p > 0.01 the difference was significant\*, 0.05 > p > 0.001 the difference was very significant\*\* and p < 0.001 the difference was highly significant\*\*\*.

#### RESULTS

### Phytochemical screening

The phytochemical screening revealed the presence of family compounds such as: saponins, phenolics, flavonoids, triterpens and steroids except anthocyanines.

#### Total of phenolic contents of the extract

The calibration curve of gallic acid (y = 0.0005 x+0.0345, r=0.981), allowed to determine the total of phenolic compounds it was found to be (893.1±0.1) mg G.A.E/100g of extract.

# Total of flavonoid contents of the extract

The calibration curve of Quercetin (y=0.0015+0.0277, r=0.972), allowed to determine the total of flavonoid compound it was  $(37.5\pm0.2)$  mg Q.E/100g of extract.

# DPPH antiradical scavenging activity

The DPPH antiradical activity was performed and we found that, the hydromethanolic extract inhibited free radicals with a percentage of (78.48±0.06%) and with an inhibitory concentration 50 (IC<sub>50</sub>= 0,096) mg/ml. However, the activity of the extract was lower than the vitamin C which served as standard and inhibited free radicals with a high percentage of (94.50±0.30%) and IC<sub>50</sub> of 0.089 mg/mL.

#### Antidiabetic activity

#### Blood glucose

The blood glucose level in rats depending on time was evaluated before induction that was the first day  $(D_0)$ , after induction, the third day  $(D_3)$  and after treatment, the twenty-one days  $(D_{21})$ . The effect of propolis extract on blood parameter in STZ-induced diabetic rats day

dependant was represented in (Fig. 1). A highly significant increase of glycaemia (P<0.001) on D<sub>3</sub> compare to D<sub>0</sub> was observed for animals which received the dose of streptozotocin (STZ). Then, we noticed, a significant increase of glycaemia day-dependent during all the experiment for the animals of negative control (STZ). From D<sub>6</sub> to D<sub>21</sub> the blood sugar levels of the animals decreased particularly in positive control group with a percentage of (77.66%) and also for (STZ+D250) and (STZ+D500) groups with a percentage of (65.54 and 78.13 %) respectively. The dose of 500 mg/Kg of hydromethanolic extract of propolis reduced better the blood glucose of diabetic rats compared to the dose of 250 mg/Kg and the gibenclamid (20mg/Kg).



Figure 1: The effect of propolis extract on blood parameter in STZ-induced diabetic rats.

Data are expressed as the means: p < 0.05, p < 0.01, p < 0.01, p < 0.001 versus the first day of experiment D<sub>0</sub>.

#### Body Weight

The effect of propolis extract on body weight parameter in STZinduced diabetic rats was illustrated in (Fig. 2). At  $D_3$ , the weight of animals in all groups except the normal control decreased significantly (P<0.05). The weight of animals of negative control (STZ) decreased by a percentage of (53.72%). However, at the end of treatment, the body mass of the rats of the others groups increased by a percentage of (34.30%), (32.05%) and (32.69%) respectively for positive control (P.C), (STZ+ D250) and (STZ+D500) groups.



Figure 2: The effect of propolis extract on body weight parameter in STZinduced diabetic rats. Data are expressed as the means \*p < 0.05 versus the first day of experiment D<sub>0</sub>.

# DISCUSSION

This work was carrying out with the purpose of evaluate the antioxidant and antidiabetic activities of Nyambaka propolis. First of all, we made phytochemical screening of hydromethanolic extract of propolis and we found the presence of compounds such as: saponins, phenolics, flavonoids, triterpens and steroids. After that, we found that the total of phenolic content in the extract was  $893.1\pm0.1$  mg G.A.E/100g and the total of flavonoid content was  $37.5\pm0.2$  mg.Q.E/100g of extract. These results could be due to the high

# The Journal of Phytopharmacology

polarity of the mixture solvent used to extraction which gave better yield of active compounds.

Subsequently, it was essential to evaluate the antioxidant activity of the extract. The results were expressed by the values of (IC<sub>50</sub>=0,096 mg/ml) and the percentage of inhibition was (78.48±0.06 %). In fact, the hydroxyl groups of phenolic compounds present in the propolis extract inhibited the action of free radicals. So, the DPPH antiradical activity corroborated with the presence of phenolic compounds in the extract <sup>[17]</sup>.

After evaluating the antioxidant activity of the extract, we determined its effects at doses of 250 and 500 mg/Kg on some parameters: blood glucose and weight. At D<sub>3</sub>, the increase in blood glucose levels showed that STZ destroyed beta cells of islets of langerhans and made rats diabetic. The decrease of glycaemia levels from D<sub>6</sub> until D<sub>21</sub> for animals treated with gibenclamid may be due to the mechanism of action of this drug which allowed the influx of ca2+ ions into beta cells and stimulated the production of insulin [18]. More than, we observed from  $D_6$  to  $D_{21}$  a strong decrease in blood glucose levels for rats which received the doses of 250mg/Kg and 500mg/kg of extract. That may be explain by the capacity of propolis to regenerate the formation of beta cells and therefore stimulate insulin production <sup>[19]</sup>. At D<sub>21</sub>, the percentage of blood sugar of rats which received extract of propolis at the dose of 500 mg/kg was lower than those which received gibenclamid (20mg/Kg). We could explain it by a synergistic action of the mixture of compounds such as flavonoids and polyphenols present inside the extract <sup>[19]</sup>. Previous work carried out on LC-MS of hydromethanolic extract of Nyambaka propolis revealed the presence of flavonoids such as: dimethylkuradin, pinobanksin-3-O-propionate and chrysin-5,7-dimethylether [16]. This compound could play a really important role in lowering blood sugar levels.

The decrease in body weight of diabetic rats after induction  $(D_3)$  was a consequence of dysfunction of mitochondrial which prevented the muscles from using glucose properly and therefore caused an atrophy <sup>[20]</sup>. From D<sub>6</sub> to D<sub>21</sub>, the increase of weight of animals for positive control and (STZ+D.250)mg/Kg and (STZ+D.500) mg/Kg groups was the consequence of the capacity of propolis extract to restore the metabolic balance of the muscle cells and also allowed the regulation of the glucose level properly and decreased the muscle atrophy <sup>[19]</sup>.

#### CONCLUSION

The hydromethanolic extract of Nyambaka propolis was rich in phenolic and flavonoid contents. These compounds were responsible of antioxidant and antidiabetic activities. The dose of 500mg/kg of propolis extract reduced more type 1 diabetes induced by streptozotocin than dose of 250mg/Kg and giblenclamid. This study showed that the propolis can be used in traditional medecine as a natural substance antioxidant and antidiabetic.

# Acknowledgements

The authors are greateful to Department of Applied Chemistry, National Advanced School of Agro-Industrial Science, University of Ngaoundere, Cameroun for material support.

# Author contributions

Cecile Fabiola Balingui: investigation, data curation, writing-original craft. Talla Ernest Rodrigue: investigation, Talla Emmanuel:

investigation and validation, Ngassoum Martin Benoit: supervision, Awalou Oumarou: investigation.

#### Fundings

The authors received no financial support for the research and publication of this article.

#### **Data Availability**

All data obtained in this research are included whithin the manuscript data and the authors will make available any other information.

# Declarations

#### **Conflicts of interest statement**

The authors declare that they have no conflict of interest.

Ethics Approval: Not applicable.

Consent to Participate: Not applicable.

Consent for Publication: Not applicable.

### REFERENCES

- Thomas RL, Halim S, Gurudas S, Sivaprasad S, Owens DR. IDF Diabetes Atlas: A review of studies utilising retinal photography on the global prevalence of diabetes related retinopathy between 2015 and 2018. *Diabetes Res Clin Pract* 2019; 157:107840.
- Bantle JP, Wylie-Rosett J, Albright AL, Apovian CM, Clark NG, Franz MJ, *et al.* Nutrition recommendations and interventions for diabetes: a position statement of the American Diabetes Association. *Diabetes Care* 2008; 31:S61–S78.
- Zakerkish M, Jenabi M, Zaeemzadeh N, Hemmati AA, Neisi N. The effect of Iranian propolis on glucose metabolism, lipid profile, insulin resistance, renal function and inflammatory biomarkers in patients with type 2 diabetes mellitus: A randomized double-blind clinical trial. *Sci Rep* 2019; 9(1):1–11.
- 4. Lei XG, Vatamaniuk MZ. Two tales of antioxidant enzymes on β cells and diabetes. *Antioxid Redox Signal* 2011; 14(3):489–503.
- Young-Hyman D, De Groot M, Hill-Briggs F, Gonzalez JS, Hood K, Peyrot M. Psychosocial care for people with diabetes: a position statement of the American Diabetes Association. *Diabetes Care* 2016; 39(12):2126–2140.
- Chatterjee S, Riewpaiboon A, Piyauthakit P, Riewpaiboon W, Boupaijit K, Panpuwong N, *et al.* Cost of diabetes and its complications in Thailand: a complete picture of economic burden. *Health Soc Care Community* 2011; 19(3):289–298.
- Mutalik S, Chetana M, Sulochana B, Devi PU, Udupa N. Effect of Dianex, a herbal formulation on experimentally induced diabetes mellitus. *Phytother Res Int J Devoted Pharmacol Toxicol Eval Nat Prod Deriv* 2005;19(5):409–415.
- Bankova VS, de Castro SL, Marcucci MC. Propolis: recent advances in chemistry and plant origin. *Apidologie* 2000; 31(1):3–15.
- De Barros MP, Lemos M, Maistro EL, Leite MF, Sousa JPB, Bastos JK, et al. Evaluation of antiulcer activity of the main phenolic acids found in Brazilian Green Propolis. J Ethnopharmacol 2008; 120(3):372–377.
- Tamfu AN, Sawalda M, Fotsing MT, Kouipou RMT, Talla E, Chi GF, et al. A new isoflavonol and other constituents from Cameroonian propolis and evaluation of their anti-inflammatory, antifungal and antioxidant potential. Saudi J Biol Sci 2020; 27(6):1659–1666.
- 11. Talla E, Tamfu AN, Gade IS, Yanda L, Mbafor JT, Laurent S, *et al.* New mono-ether of glycerol and triterpenes with DPPH radical scavenging activity from Cameroonian propolis. *Nat Prod Res* 2017; 31(12):1379–1389.

- Paul S, Emmanuel T, Matchawe C, Alembert TT, Sophie L, Maurice TF, *et al.* Pentacyclic triterpenes and crude extracts with antimicrobial activity from Cameroonian brown propolis samples. *J Appl Pharm Sci* 2014; 4(7):1.
- Abdelrazeg S, Hussin H, Salih M, Shaharuddin B. Propolis composition and applications in medicine and health. *Int Med J* 2020; 25(3):1505– 1542.
- Salomon MB, Emmanuel T, Noël NJ, Benoît NM, Karole TTR, Yaya M. Comparative survey of three processes used for the extraction of total phenol content and total flavonoid content of Anacardium occidentale L. and the assessment of its antioxidant activity. *Afr J Biotechnol* 2018; 17(40):1265–1273.
- Ueta K, Ishihara T, Matsumoto Y, Oku A, Nawano M, Fujita T, et al. Long-term treatment with the Na+-glucose cotransporter inhibitor T-1095 causes sustained improvement in hyperglycemia and prevents diabetic neuropathy in Goto-Kakizaki Rats. *Life Sci* 2005; 76(23):2655– 2668.
- Balingui CF, Noel NJ, Emmanuel T, Benoit NM, Gervais HM, Boubakary A. LC-MS Analysis, Total Phenolics Content, Phytochemical Study and DPPH Antiradical Scavenging Activity of Two Cameroonian Propolis Samples. *Med Chem Los Angel* 2019; 9(8):100–106.
- Talla E, Nyemb JN, Tiabou AT, Djou SGZ, Biyanzi P, Sophie L, *et al.* Antioxidant activity and a new ursane-type triterpene from Vitellaria paradoxa (Sapotaceae) stem barks. *Eur J Med Plants* 2016; 1–20.
- Fujita A, Sasaki H, Ogawa K, Okamoto K, Matsuno S, Matsumoto E, et al. Increased gene expression of antioxidant enzymes in KKAy diabetic mice but not in STZ diabetic mice. *Diabetes Res Clin Pract* 2005; 69(2):113–119.
- Usman UZ, Bakar ABA, Zin AAM, Mohamed M. LC-MS analysis and effects of Malaysian propolis on insulin, glucagon, pancreas and oxidative stress status in streptozotocin-induced diabetic rats. J Med Biomed Res 2017; 16(1):15–27.
- Chatterjae MN, Shinde R. Text book of medical biochemistry, Jaypee brothers medical publishers, Pvt. Limited, 2006.

#### HOW TO CITE THIS ARTICLE

Balingui CF, Rodrigue TE, Benoît NM, Emmanuel T, Awalou Oumarou. Phenolic and Flavonoid contents, DPPH antiradical scavenging and antidiabetic activities of the hydromethanolic extract of Nyambaka propolis. J Phytopharmacol 2021; 10(5):357-361. doi: 10.31254/phyto.2021.10513

#### Creative Commons (CC) License-

This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY 4.0) license. This license permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited. (http://creativecommons.org/licenses/by/4.0/).